Critical Skills Descriptions
Infant CPR Skills Testing

American Heart Association®
Learn and Live

Step	Critical Step	Description
1	Verbalizes that the scene is safe	Student verbalizes that the scene is safe before proceeding. *Sequence: Steps 1 through 10 must be performed in order.*
2	Checks for response—tap and shout	Student is close to the manikin, taps the manikin's foot, and speaks in a loud voice (eg, "Are you all right?"). *Instructor does not indicate whether or not there is a response. Student determines that the manikin is not responding.*
3	Yells for help	Student asks for help in a loud voice (eg, "Help! I need some help!"). *No help arrives. Student does not leave to phone the emergency response number (or 911).*
4	Checks for no breathing or only gasping	Student quickly scans the manikin's body back and forth from the head to the abdomen for at least 5 seconds but no more than 10 seconds. If the student says the infant is breathing, the instructor corrects the student by saying, ***"The infant is not breathing."***
5	Locates hand placement for compressions	Student moves clothes out of the way of the chest. Student places 2 fingers on the sternum/breastbone just below the nipple line. *No other specific hand, arm, or body position is required to successfully complete this step.*
6	Delivers first set of compressions	Student gives 30 compressions in 18 seconds or less. • START YOUR STOPWATCH when the student first compresses the sternum/breastbone. • STOP YOUR STOPWATCH at the end of the 30th compression. Student may lift the fingers slightly off the chest between compressions. *No other specific hand, arm, or body position is required to successfully complete this step.*
7	Gives 2 breaths	Student does not use a mask. At least 1 breath must result in visible chest rise. If a breath does not achieve chest rise, the student may reposition the head and attempt another breath but is not required to do so. All attempted breaths are given and compressions must be started within 10 seconds. Time begins when compressions are stopped and ends when compressions resume. *Timing: This entire step must take no longer than 10 seconds.*
8	Delivers second set of compressions	Student gives at least 23 of 30 compressions with the fingers in the correct location on the manikin's chest. Student may lift the fingers slightly off the chest between compressions. *No other specific hand, arm, or body position is required to successfully complete this step.*

© 2011 American Heart Association

Step	Critical Step	Description
9	Gives 2 breaths	Student does not use a mask. At least 1 breath must result in visible chest rise. If a breath does not achieve chest rise, the student may reposition the head and attempt another breath but is not required to do so. All attempted breaths are given and compressions must be started within 10 seconds. Time begins when compressions are stopped and ends when compressions resume. *Timing: This entire step must take no longer than 10 seconds.*
10	Leaves to phone 911	*Instructor says,* ***"You have just completed 5 sets of compressions and breaths."*** Student verbalizes the need to leave to phone 911.
The next step is done only with a manikin with a feedback device designed to indicate when compressions are 1½ inches deep or more and/or indicate that chest recoil is complete. If no feedback device, STOP THE TEST.		
11	Delivers third set of compressions	Test depth only if the manikin has a feedback device designed to indicate when compressions are 1½ inches for infants. Test chest recoil if the manikin has a feedback device designed to indicate when complete chest recoil occurs. Older manikin feedback may not be designed to meet these criteria. Student must give at least 23 of 30 compressions indicating correct depth and complete chest recoil.
STOP THE TEST		